



## **Dominion Sports Medicine Services**

### **Standard Operating Procedures**

**Head Certified Athletic Trainer/ Owner:** Daniel Gotthardt MS; ATC; LAT; CEAS I

#### **Emergency Care at Events**

Dominion Sports Medicine Services staff certified athletic trainers provide the following emergency care services:

1. First Aid/ CPR as required within the scope of education and practice of a Certified Athletic Trainer
2. General wound care and management
3. First aid treatment and management
4. Evaluation and Treatment of injuries of participants, officials, and coaching staffs
5. Determination of return to participation and/or disqualifications to the event
6. Contact of EMS personnel for conditions or situations outside the scope of practice of a Certified Athletic Trainer or if appropriate medical equipment is unavailable.

#### **Preventative Care**

Dominion Sports Medicine Services staff certified athletic trainers may provide the following preventative care:

1. Pre-event taping, wrapping, or padding
2. Pre-event warm-up and stretching activities
3. Superficial heat or ice application (only)
4. Evaluation of preparedness and return to participation of injured athletes

Dominion Sports Medicine Services staff certified athletic trainers may also provide assume responsibilities and care within the areas of Emergency and Preventative Care in addition to those mentioned above that are within the scope of education and practice of a Certified Athletic Trainer. No rehabilitation, reconditioning, or therapeutic modality use, other than those delineated above will be permitted. A record of all injury and illness management will be entrusted to company owner Daniel Gotthardt at the completion of the event, and those records will be maintained securely at Dominion Sports Medicine Services office

#### **Staff Dress and Conduct Policy**

Dominion Sports Medicine Services staff certified athletic trainers is expected abide by the following guidelines:

- Dress
  - Each ATC is expected to wear athletic shoes during working hours - *no open toed shoes*.
  - Must wear a proper Shirts, one provided by DSMS or T-shirt or Polo, pants should be khaki (pants or shorts), Black shorts, or proper athletic pants. No jeans or yoga pants are will be permitted.

- During outdoor events, always be prepared for severe weather (jacket or sweatshirt).
- Conduct - General Conduct for DSMS ATC's
  - All ATC's will always observe good practices of personal hygiene and appearance.
  - They will always convey an air of confidence in their work habits, selection of clothes, and personal appearance.
  - All ATC's are expected to maintain a high level of professionalism.
  - Remember coverage means an active observation of the event area.
  - When moving to a field for an injury, walk with a bit of urgency.
  - Never conduct yourself in any manner that would reflect adversely on your moral character or that of Dominion Sports Medicine Services.
  - Treat all persons in events with the respect that they deserve.

### **Hygiene and Personal Protection Equipment:**

All DSMS staff will practice and promote hand washing/ or sanitizing, after every encounter with a patient at their workstations.

When a patient enters, into the workstation, the DSMS staff member will don their face covering. They must leave it in place until the encounter is over.

DSMS staff will required using protective gloves if contact with Athlete is necessary for treatment.

### **Social Distancing:**

We will practice social distancing via having one Certified Athletic Trainer per Medical Tent. When athletes arrive for our services, they will only be allowed to enter by themselves or accompanied by one adult (parent, coach, or team manager), no teammates or other family members.

If more athletes come for treatment while one is being serviced, they will have to wait in line at 6 feet intervals, outside of the medical tent.

### **Cleaning and Disinfecting:**

The DSMS staff will clean and disinfect the medical workstation after every visit from an athlete.