



## Dominion Sports Medicine Services LLC

### Covid 19 Action Plan

Dominion Sports Medicine Services is being proactive with our COVID action plan for sports meets/games and tournaments. We are taking several approaches to practice safety, to help flatten the curve.

#### **Temperature Checks and Symptoms:**

DSMS is equipped with Infrared Non-contact Thermometers, however this does not mean that the ATC's will be a COVID testing area. If a player, coach, or referee has a cough, headache, fever, or any signs or symptoms for COVID they will be sent off the event site and excluded for the entire event for safety.

DSMS suggest that all event staff shall have their temperature checked before the beginning of the event. Any staff which a temperature reading over 100.4, shall not be allowed to work the event.

With this equipment the DSMS staff member will do temperature on any athlete arriving for treatments. Any athlete which has not been active for the day registering a temperature over 100.4, will be recorded with name and team, required to leave the event and not allowed back to the event.

#### **Hygiene and Personal Protection Equipment:**

All DSMS staff will practice and promote hand washing/ or sanitizing, after every encounter with a patient at their workstations.

When a patient enters, into the workstation, the DSMS staff member will don their face covering. They must leave it in place until the encounter is over.

DSMS staff will required using protective gloves if contact with Athlete is necessary for treatment.

#### **Social Distancing:**

We will practice social distancing via having one Certified Athletic Trainer per Medical Tent. When athletes arrive for our services, they will only be allowed to enter by themselves or accompanied by one adult (parent, coach, or team manager), no teammates or other family members.

If more athletes come for treatment while one is being serviced, they will have to wait in line at 6 feet intervals, outside of the medical tent.

#### **Cleaning and Disinfecting:**

The DSMS staff will clean and disinfect the medical workstation after every visit from an athlete.